

Motherhood Mini Sessions



BLUSH & MINT PHOTOGRAPHY
PREP GUIDE



*"A photo can say more
than a thousand words.
It is a visual reminder
of a parent's love.
What do you want your
photos to tell
your children?"*

RENE MUSSARED

Mother, Creative and Photographer
at Blush and Mint Photography.

Capturing Motherhood

GETTING IN THE PHOTOGRAPH

As mothers we are often in charge of the little things. One of those things is our children's childhood mementos . We put away items such as their first outfits, booties or lock of baby hair. We write in their baby books and snap photos of them with loved ones. We create a time capsule of moments for them and ourselves to remember these days by, but one thing we are often guilty of is not including ourselves within this precious collection of personal heirlooms.

“Photographs create a sense of belonging like no other art form”.

Yes the odd selfie is thrown in the mix but do these images really speak to your child about your connection with them? Do they show the unbreakable bond that we as mothers feel with our children. Let me help you capture these moments for you and your children. A reminder of a love that is unwavering.



MOTHERHOOD MINI

INVESTMENT

\$295



The motherhood mini session includes:

A 20 minute session in the North East of Adelaide (address given when booking) .

A choice of 5 digital images and a full online gallery for you to make selections.

Styling help and client closet access but please also prepare an outfit of your own. This session is a styled session with a backdrop and flowers.

Option to purchase additional images and prints if desired. Print pricing and upgrades can be found [here](#). Your prints will need to be collected otherwise postage will be additional. These sessions are not appropriate for extended families. They are for immediate family, maternity, breastfeeding and generational sessions (eg grandma, mum and grandchildren). These are not suitable for large families.



Styling

A key ingredient in creating the images you see in my portfolio is outfit choice. I want you to be comfortable in whatever you wear but it is no secret that putting some effort into your styling can elevate your images. Here are a few tips to help you choose your session wardrobe.

AVOID COLOUR CLASHES

I want you to feel comfortable in what ever you are wearing but there are some simple things that can be helpful. If you are all wearing neutrals then having one person dressed in lime green can look out of place. The opposite is also true. If Everyone is in colour and one person is in brown tones it can look off. Try to think about complimentary colours when you look at the outfits together.

THINK COMPLIMENTARY NOT MATCHING

When picking outfits for your children try to think about layers, textures and points of difference. The days of everyone in jeans and white t-shirts are over. Pick from similar colour families but try to ensure that each child has their own unique outfit. It will add further dimension to your images.

COMFORT IS IMPORTANT

There is no sense wearing a beautiful dress if you are forever pulling it down or readjusting it. What you wear needs to be beautiful but also functional. You need to feel good from all angles.



Places to shop

You might like to check out my styling board on Pinterest [here](#). Below is a list of some of my favourite small businesses that might help with styling our session.

UTB

UNVEIL THE BEAUTY
Make-up services

TSE

THE SWOON EFFECT
Make-up services

BIB

BELLA IN BLOOM
Flower Crowns

GAH

GINGHAM AND HEELS
Women's Clothing

PSC

PRIMP STYLE Co
Women's Clothing

LS

LUVELY STORE
Women & Children's
Clothing

JK

JAMIE KAY
Children's Clothing

R+R

ROSALYN AND RAE
Children's Clothing

Other places to suit all budgets

- 01 Best and Less
- 02 K-Mart
- 03 Cotton On
- 04 Target
- 05 Big-W
- 06 Myre
- 07 Portmans
- 08 Forever New
- 09 Ally Fashion
- 10 Coven and Co
- 11 Spell & The Gypsy
- 12 Co & Ry
- 13 Vici
- 14 Baltic Born
- 15 Ishka